

RURAL DISTRICT COUNCIL

OF

TEIFI SIDE, CARDIGANSHIRE

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT, 1965

MEDICAL OFFICER OF HEALTH:

Jos. R. Jones, B.Sc., M.B., B.Ch., D.R.C.O.G., D.P.H. - until April, 1966

W. J. St. E-G. Rhys, M.A., M.B., B.S., B.Sc., M.R.C.O.G., D.P.H. - from
October, 1966

PUBLIC HEALTH INSPECTOR:

W. T. Rees, C.R.S.I., M.A.P.H.I.



(i)

TEIFISIDE RURAL DISTRICT COUNCIL

Chairman 1964/65

Councillor S. Tyssul Evans

Chairman 1965/66

Councillor W. H. Vobe

All matters dealing with Public Health
are considered by the whole Council
which consists of 25 members.

- - - - -

Clerk : Mr. F. T. George, A.C.A., F.R.Econ.S.,
Council Offices,
Brynderwen,
Adpar,
NEWCASTLE EMLYN.

Telephone: Newcastle Emlyn 421.

(ii)

To the Chairman and Members of
Teifiside Rural District Council.

PREFACE

I have pleasure in presenting the Annual Report of the Public Health Department for the year which ended on 31 December 1965.

The number of livebirths registered during the year was one hundred and fifty eight, representing an increase of eleven over the figure for the previous year. There were two registered stillbirths but no deaths of infants in the first four weeks of life were registered. However three infants were registered as having died after the end of the first four weeks of life and before reaching their first birthday. No woman died as a result of childbirth or abortion.

The number of registered deaths was one hundred and sixty one, an increase of twenty one over the figure for the previous year. Fifty people died of heart diseases, thirty two of 'stroke' and twenty eight of cancer.

There were no unusual outbreaks of infectious disease during 1965. Four new cases of tuberculosis were notified and one person died of the disease.

A more detailed account of the work of the Public Health Department, including a section by the Public Health Inspector, will be found in the following pages.

At Gadeirydd ac Aelodau o Gyngor Dosbarth
Gwledig Ochrau Teifi.

RHAGAIR

Pleser imi yw cyflwyno Adroddiad Blynyddol yr Adran Iechyd
Cyhoeddus am y flwyddyn a orffennodd ar 31 Rhagfyr, 1965.

Cafodd un cant pum deg ag wyth a anwyd yn fyw eu cofrestru
yn ystod y flwyddyn, yn cynrychioli ychwaneg o un-deg-un dros y
rhif am y flwyddyn cynt. Cofrestrwyd dau farw-anedig, ond ni
chofrestrwyd un marwolaeth baban cyn ei fod yn pedwar wythnos oed.
Ond cofrestrwyd tri baban fel marwolaeth rhwng diwedd y mis cyntaf
a dechrau'r ail flwyddyn. Ni bu farw un fenyw am ei bod yn feichiog,
nac wrth eni plentyn neu wrth erthylu.

Cofrestrwyd cant chwech deg ag un o farwolaethau, dengys hyn
un ar hugain yn rhagor ar y rhif am 1964. Bu farw hanner-cant o
gleifd y galon, tri-deg dau o'r strôc a wyth-ar-hugain o'r cancr.

Ni bu clefydau heintus anarferol yn ystod 1965 Nodwyd pedwar
digwyddiad newydd o'r ddarfodedigaeth yn ystod y flwyddyn, a bu
farw un person o'r clefyd hwn.

Rhoddir cyfrif manylach o waith yr Adran Iechyd Cyhoeddus, yn
cynnwys rhan â baratowyd gan yr Archwiliwr Iechyd Cyhoeddus, yn y
tudalennau canlynol.



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VITAL STATISTICS

| | | | | | | | | | | <u>1963</u> | <u>1964</u> | <u>1965</u> |
|---|----|----|----|----|----|----|----|--------|----|-------------|-------------|-------------|
| <u>1. LIVEBIRTHS</u> | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 175 | 147 | 153 |
| | | | | | | | | Leg: | .. | 166 | 135 | 150 |
| | | | | | | | | Illeg: | .. | 9 | 12 | 8 |
| Rate per 1,000 population (crude) | .. | .. | .. | .. | .. | .. | .. | .. | .. | 17.2 | 14.3 | 15.4 |
| Rate per 1,000 population (adjusted) | .. | .. | .. | .. | .. | .. | .. | .. | .. | 20.8 | 17.3 | 18.7 |
| Rate per 1,000 population England & Wales | .. | .. | .. | .. | .. | .. | .. | .. | .. | 18.2 | 18.5 | 18.1 |
| Illegitimate live births per cent of total live births | | | | | | | | | | 5.1 | 8.2 | 5.1 |
| <u>2. STILLBIRTHS</u> | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 4 | 1 | 2 |
| | | | | | | | | Leg: | .. | 3 | 1 | 2 |
| | | | | | | | | Illeg: | .. | 1 | 0 | 0 |
| Rate per 1,000 live and stillbirths | .. | .. | .. | .. | .. | .. | .. | .. | .. | 22.3 | 6.8 | 12.5 |
| Rate per 1,000 live & stillbirths England & Wales | .. | .. | .. | .. | .. | .. | .. | .. | .. | 17.2 | 16.3 | 15.8 |
| <u>3. TOTAL LIVE AND STILLBIRTHS</u> | | | | | | | | | | | | |
| | .. | .. | .. | .. | .. | .. | .. | .. | .. | 179 | 148 | 160 |
| <u>4. PERI-NATAL DEATHS</u> (Stillbirths plus early neo-natal deaths) | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 8 | 2 | 2 |
| | | | | | | | | Leg: | .. | 7 | 1 | 2 |
| | | | | | | | | Illeg: | .. | 1 | 1 | 0 |
| Rate per 1,000 total live and stillbirths | .. | .. | .. | .. | .. | .. | .. | .. | .. | 44.7 | 13.5 | 12.5 |
| <u>5. EARLY NEO-NATAL DEATHS</u> (deaths under one week) | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 4 | 1 | 0 |
| | | | | | | | | Leg: | .. | 4 | 0 | 0 |
| | | | | | | | | Illeg: | .. | 0 | 1 | 0 |
| Rate per 1,000 total live births | .. | .. | .. | .. | .. | .. | .. | .. | .. | 22.9 | 6.8 | 0 |
| <u>6. NEO-NATAL DEATHS</u> (deaths under four weeks) | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 4 | 1 | 0 |
| | | | | | | | | Leg: | .. | 4 | 0 | 0 |
| | | | | | | | | Illeg: | .. | 0 | 1 | 0 |
| Rate per 1,000 total live births | .. | .. | .. | .. | .. | .. | .. | .. | .. | 22.9 | 6.8 | 0 |
| <u>7. INFANT DEATHS</u> (total deaths under one year) | | | | | | | | | | | | |
| Total | .. | .. | .. | .. | .. | .. | .. | .. | .. | 6 | 1 | 3 |
| | | | | | | | | Leg: | .. | 6 | 0 | 3 |
| | | | | | | | | Illeg: | .. | 0 | 1 | 0 |
| Rate per 1,000 total live births | .. | .. | .. | .. | .. | .. | .. | .. | .. | 34.3 | 6.8 | 18.9 |

7. INFANT DEATHS (CONT'D)

| | <u>1963</u> | <u>1964</u> | <u>1965</u> |
|--|-------------|-------------|-------------|
| Legitimate infant deaths per 1,000 legitimate live births .. | 36.1 | 0 | 20.0 |
| Illegitimate infant deaths per 1,000 illegitimate live births .. | 0 | 83.3 | 0 |

8. MATERNAL DEATHS (including abortion)

| | | | |
|---|---|---|---|
| Number of deaths | 0 | 0 | 0 |
| Rate per 1,000 total live and stillbirths | 0 | 0 | 0 |

DEATHS

| | | | |
|---|------|------|------|
| Total | 146 | 140 | 161 |
| Rate per 1,000 population (crude) | 14.4 | 13.6 | 15.7 |
| Rate per 1,000 population (adjusted) | 13.1 | 12.4 | 14.1 |
| Rate per 1,000 population England & Wales | 12.2 | 11.3 | 11.5 |
| Area comparability factor for births | 1.21 | 1.21 | 1.21 |
| Area comparability factor for deaths | 0.91 | 0.91 | 0.90 |

POPULATION STATISTICS

| | |
|--|--------|
| Area (in acres)..... | 73,102 |
| Population (census 1961)..... | 10 358 |
| Population(Registrar General's Estimated Mid-Year Population for 1965) | 10 230 |

CAUSES OF DEATH

| <u>Registrar General's</u> | | <u>Number of deaths</u> | | |
|--------------------------------|---|-------------------------|---------------|--------------|
| <u>Code Number</u> | <u>Causes of death</u> | <u>Male</u> | <u>Female</u> | <u>Total</u> |
| 1 | Tuberculosis, respiratory | - | 1 | 1 |
| 2 | Tuberculosis, other | - | - | - |
| 3 | Syphilitic disease | - | - | - |
| 4 | Diphtheria | - | - | - |
| 5 | Whooping Cough | - | - | - |
| 6 | Meningococcal infections | - | - | - |
| 7 | Acute poliomyelitis | - | - | - |
| 8 | Measles | - | - | - |
| 9 | Other infective and parasitic diseases | - | - | - |
| 10 | Malignant neoplasm, stomach | 3 | 2 | 5 |
| 11 | Malignant neoplasm, lung, bronchus | 3 | 2 | 5 |
| 12 | Malignant neoplasm, breast | - | 3 | 3 |
| 13 | Malignant neoplasm, uterus | - | - | - |
| 14 | Other malignant and lymphatic neoplasms | 10 | 5 | 15 |
| 15 | Leukaemia, aleukaemia | 1 | - | 1 |
| 16 | Diabetes | - | - | - |
| 17 | Vascular lesions of nervous system | 15 | 17 | 32 |
| 18 | Coronary disease, angina | 15 | 17 | 32 |
| 19 | Hypertension with heart disease | - | 2 | 2 |
| 20 | Other heart disease | 9 | 7 | 16 |
| 21 | Other circulatory disease | 4 | 2 | 6 |
| 22 | Influenza | - | - | - |
| 23 | Pneumonia | 3 | 5 | 8 |
| 24 | Bronchitis | 5 | 1 | 6 |
| 25 | Other diseases of respiratory system | 1 | - | 1 |
| 26 | Ulcer of stomach and duodenum | - | - | - |
| 27 | Gastritis, enteritis and diarrhoea | 1 | 1 | 2 |
| 28 | Nephritis and nephrosis | 2 | - | 2 |
| 29 | Hyperplasia of prostate | - | - | - |
| 30 | Pregnancy, childbirth, abortion | - | - | - |
| 31 | Congenital malformations | 3 | - | 3 |
| 32 | Other defined and ill-defined diseases | 2 | 12 | 14 |
| 33 | Motor vehicle accidents | 2 | - | 2 |
| 34 | All other accidents | 3 | 1 | 4 |
| 35 | Suicide | - | 1 | 1 |
| 36 | Homicide & operations of war | - | - | - |
| TOTAL: | | 82 | 79 | 161 |

TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

| AGE GROUP | RESPIRATORY | | NON-RESPIRATORY | |
|-----------|-------------|--------|-----------------|--------|
| | Male | Female | Male | Female |
| 5 - 14 | - | 1 | - | - |
| 15 - 24 | - | 1 | - | - |
| 25 - 44 | - | - | - | - |
| 45 - 64 | - | - | 1 | 1 |
| 65 + | - | - | - | - |
| TOTAL: | - | 2 | 1 | 1 |

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948

No action was required to be taken under this Section during the year.

GENERAL PROVISION OF HEALTH SERVICES IN

THE AREA

These remain essentially the same as in previous years and are under the control of the County Council.

W. J. St. E-G: RHYS
MEDICAL OFFICER OF HEALTH

ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR

FOR THE YEAR 1965

SEWERAGE

Llechryd : During the year the sewerage scheme for the village of Llechryd was completed. It was some time however before the motors and pumps were operating. At the time of writing the scheme is fully operational with approximately 40% of properties connected

Aberporth - Parcllyn . Progress on this scheme has been very disappointing. Practically 100% of the sewers have been laid but a delay has occurred in the installation of the pumps

Adpar - Newcastle Emllyn : Fairly good progress has been maintained on this scheme and it is hoped that house connections will be made before the end of 1966.

Llangranog : Work on this scheme commenced at the end of 1965. Progress has been good and it is hoped that the scheme will be fully operational before the end of 1966.

Council Estates Sewage Disposal

Regular visits and maintenance are carried out on the 23 Council estates. To desludge the septic tanks on these estates a vehicle is hired from the Aberaeron R.D.C. I am pleased to report that the Council have now on order a 1200 gallon cesspool emptier for this work. Delivery of the vehicle is expected in December, 1966.

Private Cesspools and Septic Tanks

During the year of 1965 approximately 53 private cesspools and septic tanks were emptied by the Council. This work is carried out by hiring a cesspool emptier from the Aberaeron Rural District Council. A charge of £5. 5s. 0d. is made for this service.

MEAT INSPECTION

There is no private or public slaughterhouse in the area. Slaughterhouses that supply the area are situated at Cardigan, Newcastle Emllyn and Lampeter. There are four meat shops in the area which are visited regularly. Meat vans which operate in the area are also inspected whenever opportunity permits.

HOTELS, CAFÉS AND RESTAURANTS

There are 16 recognised hotels and guest houses in the area and numerous boarding houses. A remarkable feature during the past few years is the great increase in the number of Bed and Breakfast businesses in private houses, especially along the coastal roads. Special attention is paid to all hotel kitchens, cafés and restaurants and other premises where food is prepared. There are 22 cafés in the area, some of which are open only in the summer season.

CARAVAN SITES

The total number of Caravan Site Licences issued under the Caravan Sites and Control and Development Act, 1960, is 40 which together give accommodation to 522 caravans. Trouble is caused however by the touring caravanner who, disdaining the facilities provided in the licensed sites, prefers to spend a night or two alongside the road, on the verges or in lay-bys, and who leaves evidence of his passing in the form of bottles, tins, paper and the contents of soil containers.

There are also dozens of single caravans sited within the curtilage of private dwellings which claim exemption from Licensing under the Act. It is always difficult to prove that these caravans are, in reality, let for profit.

ICE-CREAM REGULATIONS

There are 20 purveyors of ice-cream in the area, and they sell prepared ice-cream direct from refrigerators. Ice-cream vans both from outside and inside the district patrol the area, especially the coastal villages in the summer season.

BAKE-HOUSES

There are six bakehouses in the area, all of which are inspected regularly.

FOOD PREMISES

There are in the area :

- 58 General Food Stores
- 20 Ice-Cream Vendors
- 4 Meat Shops
- 6 Bakeries
- 16 Hotels, Guest Houses and numerous Boarding Houses and Bed and Breakfast Establishments.

21 Public Houses
3 Registered Clubs
22 Cafes

Publicity in regard to clean food is maintained by the posting of Clean Food Bills in appropriate places.

NATURE OF VISITS AND INSPECTIONS

| <u>General Sanitation</u> | <u>Number of Visits</u> |
|-----------------------------|-------------------------|
| Drainage | 230 |
| Offensive Trades | 3 |
| Caravans, etc. | 25 |
| Factories | 7 |
| Bakehouses | 4 |
| Public Conveniences | 25 |
| Refuse sites and Complaints | 33 |
| Cafes and Restaurants | 26 |
| Ice Cream Regulations | 9 |

PUBLIC HEALTH ACTS

| | |
|-------------------------------------|----|
| Houses and other premises inspected | 53 |
| Visits paid | 72 |

HOUSING ACTS

| | |
|------------------|-----|
| Houses inspected | 97 |
| Visits paid | 135 |

OVERCROWDING

| | |
|--------------------|-----|
| Premises inspected | 2 |
| Visits paid | Nil |

NOTICES SERVED UNDER HOUSING ACTS & PUBLIC HEALTH ACTS

| | |
|------------------|-----|
| Informal Notices | 4 |
| Complied with | 4 |
| Formal Notices | 1 |
| Complied with | Nil |

NUMBER OF HOUSES ERECTED DURING THE YEAR

| | |
|---|-----|
| 1. By the Local Authority | 19 |
| 2. By Private Enterprise | 42 |
| No. of plants for New Private Houses approved : | 53 |
| No. of plans of all kinds approved | 156 |

HOUSING (FINANCIAL) PROVISIONS ACT, 1958 (Sec. 20)

Discretionary Grants

| | |
|---|----|
| No. of houses inspected | 14 |
| No. of Improvement grants allowed during the year | 23 |

Total amount of grant approved £18,868 estimated expenditure.

| | |
|-----------------------------------|----|
| No. of Completed work during year | 31 |
|-----------------------------------|----|

Total amount of grants paid £12,927 (including instalments)

HOUSE PURCHASE AND HOUSING ACTS, 1959 (Section 4)

Standard Grants

| | |
|------------------------------------|---------|
| No. of improvement grants allowed | 64 |
| Total amount of Grant approved | £15,795 |
| No. of Completed works during year | 40 |
| Total amount paid in Grants | £6,543 |

REFUSE COLLECTION AND DISPOSAL

The Council undertakes the removal of house-hold refuse by direct labour. There are two refuse vehicles manned by two men each to do this work. Of the 4,000 or so properties in the area, 3,946 received a refuse collection. All the larger villages received a weekly collection while the more remote areas had a fortnightly collection. In addition to the regulation dustbin, an assortment of containers from cardboard boxes to oil drums are used for storage of refuse, and these are placed at the curbside by householders for collection by the Council vehicles.

During the year, 22,670 miles were travelled by the lorries and 1,467 gallons auto-diesel was used.

The Council owns or leases three sites for the disposal of refuse. These are situated at Sarnau, Adpar and Ffostrasol. Since my last annual report the Council has employed a tip attendant and the refuse is now disposed of by controlled tipping. Routine visits are made for rat infestations and regular treatments carried out by the Council's rodent operator.

RODENT CONTROL

The Council employs a full time rodent operator and the following table shows the work carried out during the year.

TYPE OF PROPERTY
(Non-Agricultural)

| | Local Authority | Dwelling Houses | All Other | TOTAL | Agricult- ural |
|---|--------------------|--------------------|--------------|-------|-------------------|
| | (1) | (2) | (3) | (4) | (5) |
| 1. Number of properties | 3 | 2839 | 245 | 3084 | 911 |
| 2. Total number of properties inspected as a result of notification. Number of such properties found to be infested by : | - | 73 | 22 | 95 | 34 |
| <u>Common Rat</u> Major | - | 31 | 12 | 43 | 23 |
| Minor | - | 24 | 7 | 31 | 11 |
| <u>Ship Rat</u> Major | - | - | - | - | - |
| Minor | - | - | - | - | - |
| <u>House Mouse</u> Major | - | 17 | 3 | 20 | - |
| Minor | - | 1 | - | 1 | - |
| 3. Total number of properties inspected in the course of survey under the Act. Number of such properties found to be infested by: | 3 | 437 | 14 | 454 | 61 |
| <u>Common Rat</u> Major | 2 | 29 | 9 | 41 | 11 |
| Minor | 1 | 93 | 5 | 98 | 44 |
| <u>Ship Rat</u> Major | - | - | - | - | - |
| Minor | - | - | - | - | 4 |
| <u>House Mouse</u> Major | - | 35 | - | 35 | - |
| Minor | - | - | - | - | - |
| 4. Total number of properties otherwise inspected | - | 33 | 12 | 45 | - |
| 5. Number of infested properties (in section 2 and 3) | 3 | 233 | 36 | 272 | 93 |

RODENT CONTROL (CONT'D)

This service is given free to all dwelling houses but a charge is made for business premises and agricultural premises. The Council entered into 63 contracts during the year amounting to £222. 10s. 0d.

THE OFFICE, SHOPS AND RAILWAY PREMISES ACT, 1963

Registrations and General Inspections

| Class of Premises (1) | No. of premises registered during the year (2) | Total Number of registered at end of year (3) | No. of registered premises receiving a general inspection during the year. (4) |
|--|---|--|---|
| Offices | | 19 | 7 |
| Retail Shops | | 25 | 11 |
| Wholesale Shops, warehouse | | 5 | 3 |
| Catering establishment open to the public, canteen | 2 | 8 | 5 |
| Fuel storage depots | | 1 | 1 |

Analysis of persons employed in registered premises by workplace

| <u>Class of workplace</u> | <u>Number of persons employed</u> |
|--|-----------------------------------|
| Offices | 54 |
| Retail Shops | 67 |
| Wholesale departments, warehouses | 11 |
| Catering establishments open to the public | 29 |
| Canteens | - |
| Fuel storage depots | 2 |
| | <hr/> |
| Total: | 163 |
| | <hr/> |
| Total Of Males | 79 |
| Total of Females | 84 |

RESCUE AND LIFE-SAVING ON BEACHES

The Council has set up an arrangement of Rescue Stations at each of the seven beaches along the coastal strip, i.e. two at Gwbert and one each at Mwnt, Aberporth, Tresaith, Penbryn and Llangranog. Each station is supplied with line and harness equipment and a hand operated alarm bell. Life belts are also provided at convenient points along the coast.

FACTORIES ACT, 1937 and 1948

(i) Inspection during the year :-

| Premises | Number on Register | Inspections | Number of Written Notices | Occupiers Prosecuted |
|--|--------------------------|-------------|---------------------------------|-------------------------|
| (1) Factories in which Sections 1, 2, 3, 4, and 6 are to be enforced by Local Authorities: | 8 | 4 | - | - |
| (2) Factories not included in (1) in which Section 7 is enforced by the Local Authority | 18 | 10 | - | - |
| (3) Other premises in which Section 7 is enforced by the Local Authority (not including offences relating to outwork.) | 4 | 2 | - | - |
| TOTAL : | 30 | 16 | - | - |

WATER SUPPLIES

During the year 35 samples of water were taken for bacteriological examination and sent to the Public Health Laboratory at Carmarthen. Four samples were taken from private supplies and the remainder from the public supply. Three private supplies and six public supplies were unsatisfactory.

The unsatisfactory public supplies were from the Llandyfriog, Henllan and Aberbanc area. These areas were supplied from the Wernddu source and the Cardiganshire Water Board on being notified of these bad samples made immediate arrangements to disconnect this supply and link up with the Teifi Pools supply. Subsequent samples have been highly satisfactory.

In the case of the private supplies the owners were advised of all remedial measures necessary including the boiling of the water until all protective works were carried out.

UN SOUND FOOD

The following foods were condemned as being unfit for human consumption. All tins are punctured and removed to the Council's refuse disposal tips and buried.

| | | |
|------------------------------|---|-----------------|
| 13 Tins of various meats | - | 16 lbs. 10 ozs. |
| 37 Tins of various fruits | - | 45 lbs. |
| 9 Tins of various vegetables | - | 8 lbs. 4 ozs. |

| | | |
|--------------|---|-----------------|
| Total weight | - | 69 lbs. 14 ozs. |
|--------------|---|-----------------|

3 Large Freshpac Pork Pies.
1 Box of Cheese
13 Cartons of Ground Almonds
5 Tins of Milk
3 Cartons of Bread Crumbs- 1 lb. 4 ozs.
1 Jar Peanut Butter
11 Packets of Beefsuet - 5 lbs. 8 ozs.

W. T. REES
PUBLIC HEALTH INSPECTOR

Council Offices,
Brynderwen
Adpar
NEWCASTLE EMLYN

